



## STROUD ANNOUNCES GRANT OF STOCK OPTIONS

2010-3

**Toronto February 9, 2010 - Stroud Resources Ltd. (TSXV-SDR) (“Stroud” or the “Company”)** announced, subject to acceptance by the TSX Venture Exchange, that it has granted options to acquire an aggregate of 3,100,000 common shares to directors and officers of the Company under Stroud’s stock option plan. Each option is exercisable to acquire one common share at a price of \$0.10 per share for a three-year period. The options vest as to one-third immediately and one-third on each of the 7 and 13 month anniversaries of the date of grant.

**For additional information please contact:**

Mr. George Coburn  
President and CEO  
Stroud Resources Ltd.  
Tel: (416) 362-4126  
gcoburn@stroudresourcesltd.com

or visit: [www.stroudresourcesltd.com](http://www.stroudresourcesltd.com)

*Stroud is a debt-free exploration company focused on the discovery and exploration of silver and gold deposits in Mexico and Ontario. Stroud owns a 100% interest in the Santo Domingo epithermal silver-gold project in central Mexico. In addition to the Santo Domingo project, Stroud’s assets include 100% interests in the Hislop gold property, near Timmins, Ontario and the Leckie gold property, near North Bay, Ontario. Stroud also generates cash flow from a 3.75% interest in six natural gas, and natural gas condensate wells in central Alberta.*

*Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.*